

Krystal K. Cashen
Curriculum Vitae

Department of Psychology
Ohio Wesleyan University
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EMPLOYMENT

Assistant Professor August 2022 -
Psychology Department, Ohio Wesleyan University

Postdoctoral Scholar August 2020 – July 2022
Developmental, Social, Health Program, Department of Psychology, University of
Kentucky

EDUCATION

Ph.D., Developmental Psychology, September 2020, University of Massachusetts
Amherst
Dissertation: Community, Identity, and Stigmatization in Young Adults with
LGBQ+ Parents

M.S., Psychology, Spring 2018, University of Massachusetts Amherst
Master's thesis: Relational Competence in Emerging Adult Adoptees: A New
Way to Conceptualize Competence in Close Relationships

B.A., Psychology, May 2013, Vassar College

RESEARCH INTERESTS

Family psychology; diverse family systems (e.g., adoptive families, LGBT parent families); development of identity and close relationship functioning in adolescence and emerging adulthood

PUBLICATIONS

(undergraduate* and graduate† co-author at time of writing)

Articles in Peer-Reviewed Journals

Cashen, K. K., Simon, K. A., & Farr, R. H. (submitted). Future parenthood ideas among childfree LGBTQ+ adults: The roles of stigma and LGBTQ+ community connections.

Burand, C. R.*, **Cashen, K. K.** Simon, K. A., & Farr, R. H. (2023). Perspectives of youth with LGBTQ+ parents: Feelings of openness and acceptance towards others, oneself, and family. *Journal of Adolescent Research*. Advance online publication. <https://doi.org/10.1177/07435584231173408>

(Note: Burand & Cashen are joint first authors on this publication)

Cashen, K. K. (2022). Community connections among emerging adults with sexual minority parents. *LGBTQ+ Family: An Interdisciplinary Journal*. 18(2), 151-172. <https://doi.org/10.1080/27703371.2022.2058670>

Lo, A. Y. H., **Cashen, K. K.**, & Grotevant, H. D. (2021). Adoptive parenting cognitions in the era of open adoption: Is Shared Fate Theory still relevant? *Family Relations*. 70(4), 1117-1131. <https://doi.org/10.1111/fare.12557>

Cashen, K. K., Wyman Battalen, A., Sellers, C. M., McRoy, R. G., & Grotevant, H.D. (2021). The role of tech-mediated and traditional modes of communication in adult adoptees' contact with birth mothers and birth fathers. *Family Relations*. 70(1), 120-129. <https://doi.org/10.1111/fare.12477>

Cashen, K. K., & Grotevant, H. D. (2020). Relational competence in emerging adult adoptees: Conceptualizing competence in close relationships. *Journal of Adult Development*. 27(2), 83-94. <https://doi.org/10.1007/s10804-019-09328-x>
(Note: Publication reflects masters thesis work)

Cashen, K. K., Altamari, D. K*., Grotevant, H. D., & McRoy, R. G. (2019). Hearing the voices of emerging adult adoptees: Perspectives on adoption agency practices. *Child Welfare*, 97(4), 1-22.

Farr, R. H., Crain, E. E., Oakley, M. K., **Cashen, K. K.**, & Garber, K. J. (2016). Microaggressions, feelings of difference, and resilience among adopted children with sexual minority parents. *Journal of Youth and Adolescence*, 45(1), 85-104. <https://doi.org/10.1007/s10964-015-0353-6>

Book Chapters & Encyclopedia Entries

Cashen, K. K. & Kivalanka, K. A. (in press). Adults with LGBQ parents. In A. E. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2nd ed.). Sage.

Cashen, K. K. & Kivalanka, K. A. (in press). Children with LGBQ parents, sexual identity. In A. E. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2nd ed.). Sage.

Cashen, K. K., Lapidus, E. P., & Farr, R. H. (in press). Adoption, openness in. In A. E. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2nd ed.). Sage.

Cashen, K. K., & Lapidus, E. P. (in press). Adoption, type. In A. E. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2nd ed.). Sage.

Lapidus, E. P.† & **Cashen K. K.** (in press) Adoption, legal considerations in. In A. E. Goldberg (Ed.), *The SAGE Encyclopedia of LGBTQ Studies* (2nd ed.). Sage.

Lo, A. Y. H., & **Cashen, K. K.** (2020). How adoptive parents think about their role as parents. In E. Helder, E. Marr, & G. Wrobel (Eds.), *Routledge Handbook of Adoption*. Routledge.

PRESENTATIONS AT CONFERENCES

(undergraduate* and graduate† co-author at time of presentation)

Cashen, K. K., Farr, R. H., & Simon, K. A. (2022, November). Intersectional experiences of stigmatization reported by youth with LGBTQ+ parents across family formation pathways. In D. L. Lang (Chair), *Adoption, Gender, and Sexuality: Shedding Light on Complex Issues in Adoption*. Annual Conference of the National Council on Family Relations (NCFR), Minneapolis, MN.

Lapidus, E. P. †, Diomedes, M. T. †, **Cashen, K. K.**, Farr, R. H. (2022, November). “I want you to be you”: How adoptive parents describe adolescent’s gender and sexuality. In D. L. Lang (Chair), *Adoption, Gender, and Sexuality: Shedding Light on Complex Issues in Adoption*. Annual Conference of the National Council on Family Relations (NCFR), Minneapolis, MN.

Lapidus, E. P.†, **Cashen, K. K.**, & Farr, R. H. (2022, November). Adoptive family contact with multiple birth families. In K. Munly (Chair), *Engaging Research to Shed Light on Practices and Context in the Shadows of Adoptive and Foster Families* [Symposium]. Annual Conference of the National Council on Family Relations (NCFR), Minneapolis, MN.

Burand, C. R.*, **Cashen, K. K.**, Simon, K. A., Bernard, J. L.*, & Farr, R. H. (2021, November). Diverse youth with LGBTQ+ parents: Perceptions of LGBTQ+ family socialization and openness and acceptance towards oneself, family, and others. In S. N. Mendez (Chair), *Queer Conversations: Gender and Sexuality Socialization in Families*” [Symposium]. Annual Conference of the National Council on Family Relations (NCFR). (Virtual).

Farr, R. H., Burand, C. R.*, Simon, K. A., & **Cashen, K. K.** (2021, November). Perceptions of family and future parenthood among diverse youth with LGBTQ+ parents in the U.S. In S. T. Russell (Chair), *Future Parenthood Aspirations and Identity in Sexual and Gender Minorities* [Symposium]. Annual Conference of the National Council on Family Relations (NCFR). (Virtual).

Cashen, K. K., & Grotevant, H. D. (2021, July). Associations between relational competence and adjustment in emerging adult adoptees. In M. Barbosa-Ducharne (Chair), *Social Competence, Social Integration, and Relational Competence in Adopted Children, Teens, and Young Adults* [Symposium]. International Conference on Adoption Research, Milan, Italy. (Virtual).

- Cashen, K. K.**, Grotevant, H. D., & Farr, R. H. (2021, July). Adoptees as parents: Family relationships, stress, and the experience of young adulthood. In J. Rimmer (Chair), *Becoming and Being a Parent: Experiences of Adult Adoptees*. [Symposium]. International Conference on Adoption Research, Milan, Italy. (Virtual).
- Cashen, K. K.** (2020, November). *Community connections among emerging adults with LGBQ+ parents*. [Poster presentation]. Annual Conference of the National Council on Family Relations (NCFR), St. Louis, MO. (Virtual).
- Cashen, K. K.** (2019, November). *"I assume she's bisexual but I wasn't absolutely certain": Experiences of young adults with parents with same-gender relations*. [Poster presentation]. Annual Conference of the National Council on Family Relations (NCFR), Fort Worth, TX.
- Cashen, K. K.** (2019, October). *Sexual identity in contemporary emerging adults with LGBQ+ parent(s)*. [Poster presentation]. Conference of the Society for the Study of Emerging Adulthood (SSEA), Toronto, CA.
- McRoy, R., Wyman Battalen, A., Sellers, C. M., **Cashen, K.**, & Grotevant, H. (2019, January). *Psychological presence of adult adoptees: Exploring birthmother perspectives*. [Poster presentation]. Annual Conference of the Society of Social Work Research (SSWR), San Francisco, CA.
- Cashen, K. K.**, & Grotevant, H. D. (2018, November). *Relational competence and relationship satisfaction in emerging adult adoptees: An actor-partner interdependence model*. [Poster presentation]. Annual Conference of the National Council on Family Relations (NCFR), San Diego, CA.
- Cashen, K. K.**, Lo, A. Y. H., & Grotevant, H. D. (2018, July). *Examining Kirk's social role theory: Revisiting shared fate in a contemporary adoptive sample*. [Paper presentation]. International Conference on Adoption Research, Montreal, Canada.
- Cashen, K. K.**, Wyman Battalen, A., Sellers, C. M., McRoy, R. G., & Grotevant, H. D. (2018, July). *The role of tech-mediated and traditional modes of communication in adult adoptees' contact with birth mothers and birth fathers*. [Paper presentation]. International Conference on Adoption Research, Montreal, Canada.
- Cashen K. K.**, Altamari, D. K., * & Grotevant, H. D. (2018, April). *Who prefers open and who prefers closed adoption?: Perspectives of emerging adult adoptees*. [Poster presentation]. New Worlds of Adoption Conference of the Rudd Adoption Research Program, University of Massachusetts Amherst.
- Altamari, D. K.,* **Cashen, K. K.**, & Grotevant, H. D. (2018, April). *Associations between peer attachment and positive adoption affect throughout adolescence and*

- emerging adulthood*. [Poster presentation]. New Worlds of Adoption Conference of the Rudd Adoption Research Program, University of Massachusetts Amherst.
- Wyman Battalen, A., Sellers, C. M., **Cashen, K. K.**, McRoy, R. G., & Grotevant, H. D. (2018, April). *Psychological presence of adult adoptees: Exploring birth mother perspectives over time*. [Poster presentation]. New Worlds of Adoption Conference of the Rudd Adoption Research Program, University of Massachusetts Amherst.
- Cashen, K. K.**, & Grotevant, H. D. (2017, November). *Understanding relational competence in emerging adult adoptees: A new way to conceptualize competence in close relationships*. [Paper presentation]. Conference of the Society for the Study of Emerging Adulthood (SSEA), Washington, D.C.
- Cashen, K. K.**, & Grotevant, H. D. (2017, November). *Emerging adult adoptees' perspectives on adoption agency practices*. [Poster presentation]. Annual Conference of the National Council on Family Relations (NCFR), Orlando, FL.
- Sellers, C. M., Wyman Battalen, A., McRoy, R. G., **Cashen, K. K.**, & Grotevant, H. D. (2017, January). *Family predictors of adoptive mothers' and fathers' mental health 10 to 20 years post-adoption*. [Poster presentation]. Conference of the Society for Social Work Research, New Orleans, LA.
- Garber, K. J., & **Cashen, K. K.** (2016, May). *Intraracial and intraethnic microaggressions experienced by Korean-American internationally- and transracially-adopted persons*. [Poster presentation]. New Worlds of Adoption & Foster Care Conference of the Rudd Adoption Research Program and Treehouse Foundation, University of Massachusetts Amherst.
- Cashen, K. K.**, & Grotevant, H. D. (2015, April). *Length of time during the adoption process for lesbian and gay compared to heterosexual parents*. [Poster presentation]. New Worlds of Adoption Conference of the Rudd Adoption Research Program, University of Massachusetts Amherst.
- Farr, R. H., Crain, E. E., Oakley, M. K., & **Cashen, K. K.** (2015, August). Microaggressions and behavioral adjustment among children adopted by same-sex parents. In *Lesbian and Gay Parent Families: Minority Stress, Gender Issues, and Children's Well-Being* [Symposium]. Annual Convention of the American Psychological Association, Toronto, Canada. (co-presented by E. E. Crain and **K. K. Cashen**)
- Cashen, K. K.**, Grotevant, H. D., & Farr, R. H. (2015, October). *Differences in relational competence by relationship type and gender in emerging adulthood*. [Poster presentation]. Conference of the Society for the Study of Emerging Adulthood (SSEA), Miami, FL.

Cashen, K. K., Cicilia, L., & Doss, B. D. (2013, November). *Understanding role strain's effect on couple's relationship satisfaction during the transition to parenthood*. [Poster presentation]. Association of Behavioral and Cognitive Therapies Conferences, Nashville, TN.

Cashen, K. K., & Trumbetta, S. L. (2011, October). *Farmer's daughter or city girl: Teen pregnancy in different residential contexts*. [Poster presentation]. Undergraduate Research Summer Institute Symposium, Vassar College.

Reider, J., **Cashen, K. K.**, & Trumbetta, S. L. (2011, March). *From cradle to grave: Teen pregnancy and early mortality*. [Paper presentation]. National Conference of Undergraduate Research, Ithaca, NY.

Reider, J., **Cashen, K. K.**, & Trumbetta, S. L. (2010, October). *Teen pregnancy and early mortality*. [Paper presentation]. Undergraduate Research Summer Institute Symposium, Vassar College.

INVITED PRESENTATIONS

“I’m not alone and this is a cool thing to be’: Community Connections in LGBTQ+ Parent Families.” Invited presentation for University of Minnesota Institute of Child Development Bag Lunch Series, April 2022.

“Engaging Qualitative Methods into (LGBTQ+) Research Programs.” Co-facilitated (with Dr. Rachel H. Farr). Invited workshop for SRCD Sexual Orientation and Gender Identity/Expression (SOGIE) Caucus, September 2021.

“Incorporating Qualitative Analyses into a Program of Research.” Co-facilitated (with Dr. Rachel H. Farr). Invited presentation for University of Kentucky Psychology Department Developmental, Social, and Health Brown Bag, April 2021.

“Community Connections and Identity Among Emerging Adults with LGBQ+ Parents.” Invited presentation for University of Kentucky Psychology Department Developmental, Social, and Health Brown Bag, October 2020.

“Development in Middle Childhood, Early Adolescence, and Late Adolescence.” Invited presentation for COLAGE: A National Organization for Youth and Adults with One or More LGBTQIA+ Parent/Caregiver, April 2019.

RESEARCH EXPERIENCE

Families, Adoption, and Diversity Lab (August 2020 – July 2022), PI: Dr. Rachel H. Farr, Developmental, Social, and Health Program, Department of Psychology, University of Kentucky

Assisted in analysis of qualitative data from the Stories & Experiences of LGBTQ+ Families (SELFY) project; Led coding teams of undergraduate research

assistants; Co-mentored undergraduate honors thesis students; Consulted on qualitative research methods for projects led by graduate students.

Minnesota/Texas Adoption Research Project (August 2014 – July 2020), PI: Dr. Harold D. Grotevant, Clinical Psychology, Department of Psychological and Brain Sciences, University of Massachusetts Amherst.

Assisted in data analysis for a longitudinal study of family functioning and openness in adoption (Minnesota Texas Adoption Research Project); Lead research projects involving young adult adoptees' relationships; Supervise teams of undergraduate research assistants; Assisted in dissemination of research findings through the Rudd Adoption Research Program website and video production.

Prenatal PREP Project (January 2018 –November 2019), PI: Dr. Maureen Perry-Jenkins, Clinical Psychology, Department of Psychological and Brain Sciences, University of Massachusetts Amherst.

Assist in data collection of interview and questionnaire measures for a study on the efficacy of a group-based preventative intervention aimed at reducing depression and stress among first-time, low-income mothers and their partners early in the prenatal period.

Fathers and Children Together (FACT) (May 2018 – August 2018), PI: Dr. Kirby Deater-Deckard, Developmental Science, Department of Psychological and Brain Sciences, University of Massachusetts Amherst.

Assisted in data collection of behavioral, questionnaire, and EEG measures for a study of executive functioning in young children and their fathers; Assisted in coding parent-child interactions.

Rudd Summer Adoption Research Institute (May 2017), Amherst, MA. Graduate student participant.

OURRelationship (July 2013 – July 2014), PI: Dr. Brain D. Doss, Clinical Psychology, Department of Psychology, University of Miami. Assisted in coordinating a randomized controlled trial of an online intervention for distressed couples; Responsibilities included maintaining the website for the study, providing feedback for couples as they completed the intervention, screening and compensating participants, data management, and supervising undergraduate research assistants

Undergraduate Research Summer Institute (May 2010 – Summer 2011), PI: Dr. Susan L. Trumbetta, Department of Psychological Science, Vassar College.

Participated for two summers in an immersive summer research program for undergraduate students; Assisted with data management and analysis for a longitudinal study of adolescent personality and life outcomes; Conducted independent research projects examining associations among personality, teen pregnancy, and risk for early mortality.

HONORS & AWARDS

2019 – Center for Research on Families Dissertation Award

2018 – University of Massachusetts Amherst Campus Climate Improvement Grant
Funded a series of discussions for graduate students on issues of advocacy, equity, and social justice

2018 – Wendy Helmer Memorial Graduate Student Award
Peer-nominated award to recognize commitment to inclusion, community, and social justice

2017 – Advancing Inclusion & Mentoring Teaching Fellowship

TEACHING EXPERIENCE

Assistant Professor, Ohio Wesleyan University

Introduction to Psychology (Psych 110), Spring 2023

Lifespan Development (Psych 233), Fall 2022

Adolescent Psychology (Psych 282), Fall 2022, Spring 2023

LGBTQ+ Issues in Psychology (Psych 285), Spring 2023

Elective for the Social Justice Major

Child Psychology (Psych 333), Fall 2022

Instructor, University of Kentucky

Processes of Psychological Development (Psy 460), Spring 2022†

Developmental Psychology (Psy 223), Fall 2020†, Spring 2021*†, Fall 2021*†, Spring 2022*†

LGBTQ+ Issues in Psychology (Psy 563), Spring 2021

*Supervised Honors Course Conversion project for student; † Supervised Graduate Student Teaching Assistants

Instructor, University of Massachusetts Amherst

Introductory Psychology (Psych 100), Summer 2018.

Advancing Diversity in Research and Practice (Psych 491AD). Fall 2019, Spring 2020.

Junior Writing: Mental Health in Diverse Populations (Psych 392A). Fall 2015. *Co-Instructor with Dr. Beth Jakob

Teaching Assistant, University of Massachusetts Amherst

Introductory Psychology (Psych 100). Fall 2014 - Spring 2019, 7 times.

Research Methods Lab (Psych 241). Fall 2015

Guest Lectures

“LGBTQ + Families & Policy.” Invited presentation for Psychology 391G: Child, Family and Community, Christina Rowley, M.S., Instructor, University of Massachusetts Amherst, May 2023.

“Qualitative Research Methods.” Invited presentation for Psychology 616: Research Designs in Clinical Psychology, Dr. Matthew Southward, Instructor, University of Kentucky, March 2022.

“Nature & Nurture: Sex & Gender.” Invited presentation for Psychology 100: Introductory Psychology, Dr. Tamara Rahhal, Instructor, University of Massachusetts Amherst, February 2020, September 2019, February 2019, September 2018, February 2018, September 2017.

“Social Development.” Invited presentation for Psychology 100: Introductory Psychology, Dr. Tamara Rahhal, Instructor, University of Massachusetts Amherst, February 2019.

“Adoption by LGBT Parents.” Invited Presentation for Psychology 491AE: Advancing Diversity in Research and Practice, Marykate Oakley, M.A, M.S., Instructor, University of Massachusetts Amherst, February 2018.

“Adoption by Sexual Minority and Transgender/Gender Nonconforming Parents.” Invited presentation for Adoption Mentoring Partnership, University of Massachusetts Amherst, October 2017.

“Adoption by LGBT Parents.” Invited presentation for Adoption Mentoring Partnership, University of Massachusetts Amherst, October 2016.

“Achieving Change Through Therapy.” Invited presentation for Psychology 100: Introductory Psychology, Dr. Rachel H. Farr, Instructor, University of Massachusetts Amherst, November 2014.

Undergraduate Honors Thesis Supervision

Ohio Wesleyan University

Maye, Holly (2023). Perceived effects of non-verbal communication methods on verbal communication by speech language pathologists and teachers.

University of Kentucky

Bernard, Jordan (2022). Across perspectives: Educational experiences of adoptees with ADHD from lesbian, gay, and heterosexual (LGH) parent families.

Burand, Calisse R. (2021). Lived experiences of youth with LGBTQ+ parents: Perceptions of LGBTQ+ parenting and future parenthood.

University of Massachusetts Amherst

Altamari, Dominique K. (2018). Associations between peer attachment and positive adoption affect through adolescence and emerging adulthood.

SERVICE

To the Field

- 2023 - Editorial Board, *Adoption Quarterly*
- 2023 - Ad Hoc Reviewer, *Journal of Marriage & Family*
- 2021 – 2023 Student and Early Career Committee, SRCD Sexual Orientation Gender Identity/Expression (SOGIE) Caucus
- 2021 – Ad Hoc Reviewer, *Journal of Family Psychology*
- 2020 – Ad Hoc Reviewer, *Family Relations*
- 2020 SRCD Sex/Gender Review Panel, Conference Proposal Review

Psychology Department

Ohio Wesleyan University

- 2023 Visiting Assistant Professor Search Committee

University of Kentucky

- 2021 – 2022 Leadership Committee, Diversity, Equity, and Inclusion Committee
- 2021 Co-facilitator, Qualitative Research Methods Reading Group (Co-facilitated with Dr. Rachel Farr)
- 2020 – 2022 Diversity, Equity, and Inclusion Committee

University of Massachusetts Amherst

- 2017 – 2019 Chair, Psychological and Brain Sciences Graduate Student Diversity Committee
- 2017 Developmental Science Division Interview Day Planning Committee
- 2015 – 2017 Graduate Student Liaison, Psychological and Brain Sciences Departmental Diversity Committee
- 2015 Clinical Psychology Admissions Committee
- 2014 – 2020 Psychological and Brain Sciences Graduate Student Diversity Committee

University

Ohio Wesleyan University

- 2023 – Faculty Partner, Women’s Basketball
- 2023 – 2026 Academic Conduct Review Board

University of Massachusetts Amherst

- 2018 Reviewer, Campus Climate Improvement Grant, University of Massachusetts Amherst

Vassar College

- 2012 – 2013 Coordinator, Daisy Chain
- 2011 – 2012 Intern, Transitions Program for first-generation, low income, and/or

undocumented students
2011 Mentor, Diving into Research
2010 – 2011 Member, Daisy Chain

Community

2019 – Research Review Committee, COLAGE: A National Organization for Youth and Adults with One or More LGBTQIA+ Parent/Caregiver

MEMBERSHIPS

2017 – National Council on Family Relations
Feminism and Family Studies Section
Adoption Focus Group
GLBTSA Focus Group
2016 – Society for the Research of Child Development
SOGIE Caucus
2015 – Society for the Study of Emerging Adulthood
2015 – 2020 American Psychological Association
Div. 44
2013 – 2015 Association for Behavioral and Cognitive Therapies
2013 – 2015 Media Coordinator, Couples Special Interest Group